



Quality of Life Scale & Daily Diary

Directions: Use the key factors of quality of life below to help assess your pet’s condition. Use the Daily Diary to keep track of your pet’s progress. Fill in the appropriate number for each category and then add the numbers from each category for that day. The maximum score is 12 and you can determine your own scale. You can even add categories that pertain to your pet’s particular situation. For example, you would need to consider “Respiratory Rate & Effort” if your pet suffers from heart failure or lung cancer. You can give half or quarter points if appropriate.

MOBILITY & COMFORT	NUTRITION	HYDRATION	INTERACTION & ATTITUDE	ELIMINATION	FAVORITE THINGS
(2) GOOD MOBILITY: No difficulty getting around, enjoys walks and going outside	(2) GOOD APPETITE	(2) ADEQUATE INTAKE	(2) NORMAL INTERACTION: Normal interaction with family and other pets	(2) NORMAL: Normal urination and defecation	(2) NORMAL: Enjoys favorite activities, hobbies, etc...
(1) POOR MOBILITY: Difficulty getting up, hard to get in position to eliminate, short walks only	(1) POOR APPETITE: Hand feeding or needs enticement	(1) ABNORMAL INTAKE: Either reduced or significantly increased	(1) SOME INTERACTION	(1) REDUCED/IRREGULAR	(1) DECREASE: Little interest in doing their favorite things
(0) BARE MINIMAL MOBILITY: Needs assistance, pain medications & anti-inflammatories do not help.	(0) NO APPETITE	(0) REQUIRES SQ FLUIDS	(0) HIDING: Hiding in the closet or under a bed	(0) NONE	(0) NO INTEREST



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EXAMPLE QUALITY OF LIFE SCALE	
9-12	GOOD QUALITY OF LIFE
5-8	DECREASED QUALITY OF LIFE: Consider hospice care intervention
< 5	POOR QUALITY OF LIFE: Consider humane sedation and euthanasia

DATE									
MOBILITY & COMFORT									
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ELIMINATION									
FAVORITE THINGS									
TOTAL									
NOTES									