

# Quality of Life Scale

9-12: GOOD QUALITY OF LIFE

5-8: DECREASED QUALITY OF LIFE, PALLIATIVE CARE RECOMMENDED

UNDER 5: POOR QUALITY OF LIFE, CONSIDER EUTHANASIA TO ALLEVIATE SUFFERING

COMFORT & MOBILITY	NUTRITION	HYDRATION	MENTAL HEALTH	ELIMINATION	FAVORITE THINGS
(2) Good No difficulty getting around, enjoys walks and normal activities are easy.	(2) Good Normal appetite and nutrition.	(2) Good Drinking normally.	(2). Good Normal interaction with family & other pets. No noted anxiety.	(2) Good Normal urination and defecation in appropriate locations.	(2) Good Enjoys normal activities and their favorite toys, treats, and hobbies.
(1) Poor Difficult to get up & down, hard getting into position to eliminate, short walks only.	(1) Poor Hand feeding or needs tempting to eat.	(1) Poor Abnormal intake- could be reduced or significantly increased.	(1) Poor Some interaction with family, but altered. Anxiety can be managed.	(1) Poor Reduced eliminations or accidental eliminations in the home.	(1) Poor Little or altered interest in doing their favorite things.
(0) Minimal Needs assistance, pain medications no longer helping enough.	(0) Minimal No appetite despite all efforts.	(0) Minimal Requires SQ fluids or other fluid support.	(0) Minimal Hiding away from family. More likely to snap. Anxiety cannot be managed.	(0) Minimal Fully incontinent of urine and/or bowel movements.	(0) Minimal No interest in their favorite things or physically unable to partake.

TOTAL QOL SCORE TODAY: \_\_\_\_\_



## Hampton Roads

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATUDAY



**Hampton Roads**

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